



# **St Mawes SC**

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## *Risk Assessment for Junior Sail Training*

*An appraisal of the risks to trainee sailors and  
instructional staff involved with JST courses.*

*Published: Spring 2005*



## PRECAUTIONS IN PLACE

Details of action already taken to minimise risk.

All students and staff to wear buoyancy aids.

Safety boats on water before sailors go afloat.

Instructors ensure students adequately clothed.

Survival bags in all safety boats.

Limitation of sailing to low risk areas.

Fire extinguishers on all safety boats.

All instructors and students familiar with "3 short whistle blasts" return home signal.

All staff and students to wear suitable footwear and briefed on risk. Slips washed regularly.

Students briefed on risk.

Shore-based sessions not conducted near edge.

Staff to step and lower all Pico masts.

Classroom mopped each day.

Each Oppie to be individually tied up.

Only staff allowed to lift boats up.

Tools to be kept in a locked box / cupboard.

SI to ensure users are competent to use tools.

## FURTHER ACTION

Details of further action to reduce risk.

Non-swimmers to wear life-jackets.

Inexperienced groups towed through moorings.

At least one safety boat allocated to each group.

All students briefed on correct trolley manoeuvring techniques.

Doormat to reduce water entry.

Brief staff on correct lifting procedure.