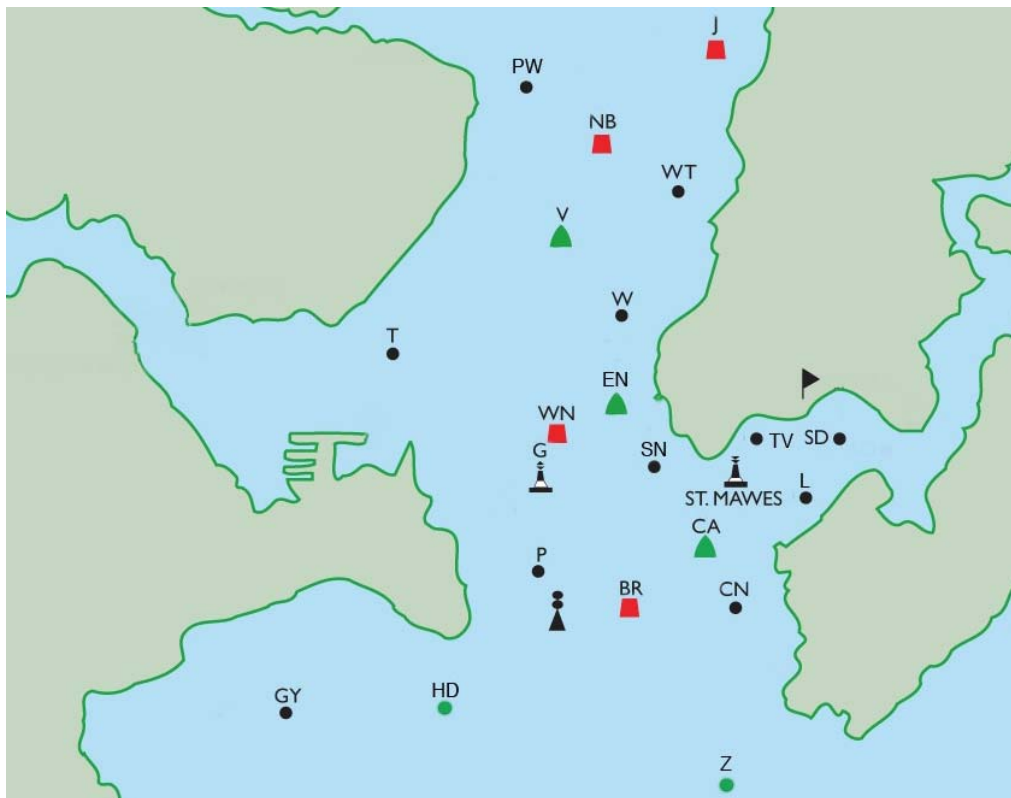


THESE INSTRUCTIONS MUST BE READ TOGETHER  
WITH THE FULL SAILING INSTRUCTIONS.  
COPIES AVAILABLE IN THE CLUBHOUSE AND ON THE WEBSITE



### POFSA COURSE MARKS & ABBREVIATIONS

BR	BLACK ROCK BUOY
CA	CASTLE
CN	CARRICKNATH (SKB SAILS)
G	GOVERNOR
GY	GYLLINGVASE (FALMOUTH BEACH HOTEL)
J	ST JUST
L	LONG LODGE
NB	NORTH BANK
P	PENDENNIS (PENDENNIS SHIPYARD)
SD	ST MAWES S.C. D FLAG
SN	SOUTH NARROWS (SAILTECH)
T	TREFUSIS (FALMOUTH BOAT CONSTRUCTION)
TV	TAVERN
V	VILT
W	WATERLOO (RUSTLER YACHTS)
WN	WEST NARROWS

## ST MAWES SAILING CLUB RACE CARD 2011

### Classes and Start Times:

	Sunday Morning Points	Thursday Evening Points	Sunday Special Events	Victory Cup
Warning Signal	1020	1750	1405	1235
Preparatory Signal	1025	1755	1410	1240
Class H Shrimpers	1030	1800	1415	1245
Class F 18ft Restricted Class	1035	1805	1420	1250
Class A P.Y. Yachts	1040	1810	1425	1255
Class W Ajax	1045	1815	1430	1300
Class Q Laser SB3	1050	1820	1435	1305
Class T Fast Handicap Dinghies 1101 & below	1055	1825	1440	1310
Class R Slow Handicap Dinghies 1102 & above	1100	1830	1445	1315

For the Frankie Peters Races & Thursdays 23/6, 7/7, 21/7 & 4/8 only:

Class V Sunbeams	1105	1835	1450	1320
Class B Working Boats	1110	1840	1455	1325
Class C Small Working Boats				1330

Apart from the Victory Cup, the large & small working boats will race together. All these classes are welcome to join with Class A (PY Yachts) for other Thurs or Sun races.

23/4 Easter Sunday Special Race - Warning Signal 1405, single start 1415

### REMINDERS FROM SAILING INSTRUCTIONS (SEE FULL SIs FOR DETAILS)

Starting Signals	Class letter board (check if red/green) and Course number on boards on club balcony
Starting Line	Transit from yellow poles on Quay and Club roof, and between Inner Mark (Flag I) and ODM & Turning Mark (Flag D, MARK SD). Working Boats (B) start between ODM and Quay wall.
Starting Penalties	Round-an-End rule applies in the minute before the start.
Individual Recall	One sound signal and ORANGE flashing light.
General Recall	Two sound signals and GREEN flashing light. Class starts last.
Turning Mark	THE OUTER DISTANCE MARK (SD) WILL BE THE TURNING MARK. Leave to STARBOARD on all laps.
Change Course	One sound signal and flashing GREEN light. Look for Class letter and Course number on boards on Club. Sail full number of rounds of new course in addition to rounds of original course already completed.
Shorten Course	Two sound signals and flashing ORANGE light. Go through finish line.
Finish Line	As start line, between INNER Mark and ODM, but in opposite direction.
Time Limits	Morning races 13:30, Afternoon races 17:30, Evening races 20:30(19:45 in Sept), or 30 minutes after the first boat to finish, whichever is the later.
Radios	The race officer may broadcast additional instructions from time to time on VHF Channel M2.

## COURSES - 2011 SEASON

Class letter on **GREEN** background indicates leave all marks to **starboard**.

A **RED** Class letter on a white background indicates leave all marks to **port** and **sail the course in reverse order**.

The **TURNING MARK** (flying flag "D") follows the listed marks on all courses (except the Triangle & Windward/ Leeward Courses) with more than one round and is always left to **STARBOARD**.

**ST MAWES CARDINAL BUOY(LUGO) IS A MARK ON EVERY COURSE AND MUST ALWAYS BE LEFT TO THE NORTH.**

No	Course	Rounds	No	Course	Rounds
1	Carricknath, Trefusis, Vilt	2	25	Black Rock, Pendennis, Waterloo	2
2	Carricknath, Waterloo	2	26	Governor, Vilt	2
3	Carricknath, Gyllyngvase	2	27	Governor, St Just	2
4	Carricknath, Black Rock	3	28	Governor, North Bank	2
5	Carricknath, Governor	2	29	Governor, West Narrows	3
6	Carricknath, South Narrows	2	30	Governor, Trefusis	2
7	Carricknath, Trefusis	2	31	Castle, Trefusis, West Narrows	2
8	Carricknath, Vilt	2	32	Castle, Trefusis, Vilt	2
9	Carricknath, Pendennis, Vilt	2	33	Castle, Governor	3
10	Carricknath, Pendennis	3	34	Castle, Trefusis	2
11	Carricknath, West Narrows	2	35	Castle, Trefusis, Waterloo	2
12	Carricknath, Castle	4	36	Castle, Vilt	2
13	Carricknath, Tavern	4	37	Castle, west Narrows	3
14	Black Rock, Waterloo	3	38	Castle, South Narrows	3
15	Black Rock, Gyllyngvase	2	39	Castle, Tavern	5
16	Black Rock, West Narrows	2	40	Castle, Waterloo	3
17	Black Rock, Vilt	2	41	Long Lodge, Castle	5
18	Black Rock, Northbank	2	42	Long Lodge, Governor	3
19	Black Rock, St Just	2	43	Long Lodge, Tavern	5
20	Black Rock, Governor	2	44	Long Lodge, Black Rock	5
21	Black Rock, Trefusis	2	45	Long Lodge, Pendennis	4
22	Black Rock, Trefusis, Waterloo	2			
23	Black Rock, Castle	5			
24	Black Rock, South Narrows	3			

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## HARBOUR COURSES USING MOVABLE MARK X

Mark X will be positioned on a line between Carricknath Point and the Castle. All courses are **5 LAPS** and the Turning Mark follows the listed marks on all courses and is left to **STARBOARD**. Marks must be left on the side indicated below. Class letter on **GREEN** background indicates sail the course as written. **RED** Class letter on a white background indicates sail the course in the **reverse order leaving each mark on the opposite side to that printed**.

46	Long Lodge S, X S, Tavern S	49	X S, Tavern S
47	X S, Tavern S, Long Lodge P	50	Long Lodge S, X S
48	Tavern P, Long Lodge S, X S		

## ZIG-ZAG COURSES - ONE ROUND ONLY

Marks must be left on the side indicated below. Class letter on **GREEN** indicates sail the course as written. Class letter on **RED** indicates sail the course in the **reverse order leaving each mark on the opposite side** to that printed.

51	Carricknath S, Pendennis S, West Narrows P, Trefusis S, St.Just S, Castle S, Governor S.
52	Black Rock S, South Narrows P, Governor S, St.Just P, Trefusis P, Waterloo S, Pendennis P, Castle P.
53	Carricknath S, South Narrows P, Governor P, Castle P, Vilt P, Trefusis P, Black Rock P, West Narrows S.
54	Black Rock S, North Bank P, Trefusis P, Governor P, Vilt S, Carricknath P.
55	Black Rock S, Vilt P, Trefusis P, Carricknath P.
56	Long Lodge S, Governor S, Vilt S, Carricknath S, Pendennis S, W.Narrows S

## CARRICK TRIANGLE OR WINDWARD/LEEWARD COURSES

These courses will use the usual start & finish lines, but boats will **NOT** return to the Turning Mark after the completion of each round. Class letter on **GREEN** indicates leave all marks to **starboard**. Class letter on **RED** indicates leave all marks to **port and sail the course in the reverse order** to that printed.

<u>Triangle Courses - 3 Rounds</u>	61	Long Lodge, Black Rock, Governor	
57	Carricknath, Black Rock, Waterloo	62	Carricknath, Pendennis, South Narrows
58	Long Lodge, Governor, Waterloo		
59	Carricknath, W.Narrows, S.Narrows		
60	Black Rock, Governor, South Narrows		

## Windward/Leeward - Courses as described

63	Carricknath, Vilt	2 rounds
64	Long Lodge, Trefusis	2 rounds
65	Black Rock, Turning Mark	3 rounds then Black Rock, Finish Line
Course 65 is ALWAYS sailed to <b>STARBOARD</b>		
66	Carricknath, Gyllyngvase	2 rounds
67	Pendennis, St Just	2 rounds
68	Carricknath, West Narrows	3 rounds