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## NOTICE OF RACE & SAILING INSTRUCTIONS 2010

### 1. RULES

1.1 All races will be governed by the 2009-2012 Racing Rules of Sailing (RRS) of the International Sailing Federation (ISAF) (together with changes effective for 1 January 2010), the prescriptions of the R.Y.A., and the Rules of the classes, except as changed by these sailing instructions.

1.2 **Advertising.** Competitor advertising will be restricted (see ISAF regulation 20) and other information related to Regulation 20.

### 2. CONDITIONS OF ENTRY

2.1 **Eligibility.** In all races boats must be sailed by a member of St Mawes SC or a club holding reciprocal arrangements.

2.2 Race Entries must be submitted on the club entry form.

### 3. CLASSES

**Class Flags** shall be flown from the backstay of all boats in classes A, B & C.

### 4. SAFETY

4.1 **General.** The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/person in charge who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of a race. Neither these sailing instructions nor any inspection of the boat limits or reduces the absolute responsibility of the owner/person in charge for the crew, the boat and her management. The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/person in charge or crew, as a result of their taking part in the race or races. Moreover, every owner/person in charge warrants the suitability of the boat for the race or races. It shall be the sole responsibility of competitors to decide whether or not to start, or continue to race.

4.2 Boats must carry the minimum safety equipment required by POFSA where this is in excess of class requirements.

4.3 **Personal Buoyancy.** Competitors in dinghy classes and all competitors under the age of 18 shall wear approved personal floatation devices whilst afloat. Wet or Dry Suits are not adequate. Personal buoyancy is compulsory for all competitors when the Y flag is showing.

4.4 **Rendering Assistance.** If any boat is in serious difficulty and requires assistance, the nearest boat is expected to stand by and assist if possible until the arrival of a safety boat.

4.5 **Insurance.** Members taking part in club racing must be insured against third party liability for at least £2,000,000, underwritten by an ABI Member Company or Lloyds of London.

Failure to comply with all the above will constitute grounds for protest and disqualification by the Race Committee.

### 5. CHANGES TO SAILING INSTRUCTIONS

Any change to these sailing instructions will be posted on the club notice board by 10:00 on the day before it will take effect.

### 6. THE START

6.1 **Starting Signals.** Rule 26 will not apply, and instead a Warning Signal will be made 10 minutes before each class start, followed by a Preparatory Signal at 5 minutes before each class start.

6.2 At the Warning Signal for each class the appropriate class letter and course number will be displayed on boards on the clubhouse balcony. Flag "P" (Preparatory Signal) will be displayed 5 minutes before the start.

6.3 Boats whose Preparatory Signals have not been made shall keep clear of the starting area and all boats whose Preparatory Signals have been made.

6.4 A boat shall not start later than 9 minutes after her starting signal.

6.5 **Starting Line.** This is an imaginary line through the yellow signal flagstaff on the Quay and the yellow pole at the apex of the clubhouse roof. Boats must pass Westward between the Inner Mark (Flag I), & the Outer Distance & Turning Mark (Flag D). The Distance Mark and Turning Mark are not necessarily on the Starting Line. For Class B only, Flag I is not an Inner Limit Mark and can be disregarded, thus extending the line to the Quay wall.

6.6 **Starting Penalties ("I" Flag Rule).** RRS 30.1 will apply. Flag "I" will not be displayed. When any part of a boat's hull, crew or equipment is on the course side of the starting line or its extensions during the minute before her Starting Signal, she shall sail to the pre-start side of the line around one of its extensions before starting. RRS 30.2 (20% Penalty Rule) & RRS 30.3 (Black Flag Rule) will not apply.

6.7 **Individual Recall.** RRS 29.1. Flag "X" will not be displayed. A sound signal will be made. A flashing orange light may be displayed on the clubhouse balcony until all recalled boats are completely on the pre-start side of the starting line or its extensions and have complied with RRS 30.1, but no later than four minutes after the starting signal, whichever is earlier.

6.8 **General Recall.** RRS 29.2. Flag "First Substitute" will not be displayed. Two sound signals will be made. A flashing green light may be displayed on the Clubhouse balcony until all boats have returned but no later than four minutes after the starting signal, whichever is earlier. The Preparatory Signal for the new start for the recalled class will be made on the Starting Signal of the last class to start.

### 7. CHANGE OF COURSE AFTER THE START

7.1 **Change Of Course.** A flashing green light displayed on the clubhouse as boats are approaching the Turning Mark, and/or one sound signal will indicate that Change of Course instructions are displayed, shown by the appropriate Class Letter and Course Number. The full number of rounds in the new course applies. **No change will be made to the mark rounding side. This changes rule 27.1**

7.2 **Shorten Course.** A flashing orange light displayed on the clubhouse as boats are approaching the Finish Line, and/or two sound signals will indicate that Shorten Course instructions are displayed. Flag "S" alone means all classes shall finish at the end of the current leg. Flag "S" alongside the class letter(s) means shortening applies to those classes only.

7.3 **Shortening of Carrick Triangle, Windward/Leeward or Zig-Zag Courses.** When these courses are shortened the instruction will be given, from a Safety Boat positioned in the vicinity of a mark of the course, to leave that mark on the required side and proceed to the finish. Alternatively, if the Safety Boat is flying Flag "S" all classes shall finish at that mark, between the mark and the Safety Boat.

7.4 **Postponement.** Signalled by the Answering Pennant and/or two sound signals. The warning signal will be made one minute after the AP is removed with one sound signal.

7.5 **Abandonment.** Flags "N" over "A" flown from the clubhouse flag staff on the Quay accompanied by three sound signals, means racing for all classes is abandoned. Flags "N & A" over the class flag(s) applies to those classes only.

### 8. FINISHING LINE

This is the same as the starting line, boats crossing in the opposite direction to the start i.e. boats should cross the line between the Turning Mark (Flag D) and the Inner Distance Mark (Flag I). This also applies to Class B.

### 9. PENALTY SYSTEM

For Sunbeam class races only, rules 44.1 and 44.2 are amended for an incident exclusively between one or more Sunbeams by substituting "Two-Turns" with "One-Turn" and "two" with "one".

### 10. RETIREMENTS

All retirements must be notified to the Race Officer at the first reasonable opportunity

### 11. TIME LIMITS

RRS 35 will not apply. The time limit will be 13:30 in morning races, 17:30 in afternoon races and 20:30 (19:45 in Sept) in evening races. Boats of the same class failing to finish 30 minutes after the first boat finishes or within the time limit, whichever is later, will be scored DNF.

### 12. PROTESTS

12.1 **Procedure.** RRS 61. Protests shall be written on forms available at the race office and delivered there within 2 hours after the time of the last boat's finish.

12.2 **Notification of Parties.** Protest notices will be posted within 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as a witness. No further notification of parties will be made.

### 13. SCORING

RRS 90.3 and the Low Points System Appendix A, including Rule A9, will apply. As provided for in Rule A2, a boat may be allowed to discard their worst score(s) in a series. The number of races to be counted in a series shall be calculated as 50% plus 1 (rounded down to a whole number) of the number of races completed. Any competitor carrying out voluntary race officer of safety boat duties for a particular race shall be entitled to their average number of points over the whole series being used for that race.

### 14. RESULTS

Will be posted in the Club as soon as possible after each race.

### 15. PRIZES

Prizes will be awarded for the Club Series at the Annual Prize Giving. For the Sunday Special Events (the May Day Cup Races, the Frank Peters Races and the Victory Cup Races) there will be a Prize Giving and Social Event after the racing.

### 16. LOCAL VARIATIONS

Competitors should keep well clear of commercial shipping at all times, a boat seen to hinder a commercial vessel will be subject to protest and possible disqualification by the race committee.

Caution should also be exercised whilst sailing in designated mooring areas and in the vicinity of St. Mawes Harbour. Any boat touching a moored vessel must retire or protest another boat.

Competitors shall at all times keep to the seaward side of St Mawes cardinal mark (Lugo Rock).

A two-length zone around a dive boat flying code flag A, an orange pillar mark indicating a diver beneath the surface and a diver on the surface are obstructions. A boat shall not enter the two-length zone.