

# The “Hardiesse” Adventure 2011

The Falmouth Sail Training Ship has agreed to provide a number of exciting cruises for St. Mawes Sailing Club Junior members. Each cruise will accommodate a crew of 10 trainees with a Royal Yachting Association qualified instructor in command and an experienced First Mate as his assistant. As the Skipper and Mate will usually be male, a mixed sex or female group will normally be accompanied by a responsible female.

Crew will need wet weather gear, warm clothing, a sleeping bag, toilet kit and change of clothes. Lifejackets and safety harness are supplied onboard. All meals are provided onboard. Cross channel cruises will require trainees to have a valid passport and travel insurance.

Choice of event:

Event	Date	Age group	Donation	Tick
Seven days cruise to Brittany	30 July to 6 August	12-18 years	£195	
Seven days Cruise to Brittany	13 August to 20 August	12-18 years	£195	
Three day taster cruise	27 August to 29 August	12-18 years	£60	

Name .....Age.....Sex.....

Guardian’s name .....

Address .....

.....

.....

Postcode .....

Home telephone number .....

Holiday residence telephone no. ....

Mobile number .....

1. I consent to any emergency treatment required by my child during the courses.
2. I append details of medical treatment being received by my child  
(If none, write “NONE”).....
3. I declare to the best of my knowledge, my child is not suffering from any disability or health problem and is fit to participate.
4. My child can/cannot swim 25 metres unaided.

Guardian’s signature.....Date.....

Donation enclosed.....payable to Falmouth Sail Training Ship:

Please complete Gift Aid Declaration on reverse

Completed booking form and cheque to be sent Brian Roberts, Millwood House, Mill Lane, Charlestown, Cornwall PL25 3NP

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