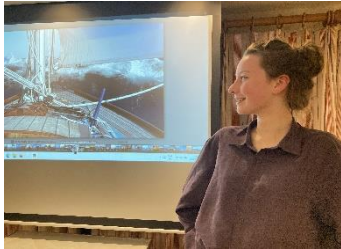


# St Mawes Sailing Club

## March 2023 newsletter

**Social Events.** During February, Club members have enjoyed 3 excellent talks: Simon Rowell's session on how to get the most out of weather forecasts demonstrated very clearly what the wind does in the Carrick Roads using drone footage of a foiling wind-surfer. Those who went to the talk will now have a clear racing advantage over those who did not!



Katie McCabe's talk gave us a whistle-stop tour round GB with insight to the challenges that she faced along the way. We were all impressed by her can-do approach to sailing. What an inspiring young sailor. We wish her well in future adventures and look forward to hearing about them.



Brad Osman's talk on Man Down gave us a compassionate view on the subject of men's mental health, for which the organisation offers practical and well-judged support across Cornwall. A moving and thought-provoking, but also very entertaining evening.

**General Committee:** [click here](#) for the notes for members from the committee meeting on 18<sup>th</sup> January.

**Catering news:** We are delighted to say that Phoebe Gray has joined us as cook for social events. Phoebe and her food are already going down a storm and we are very excited about future events. Phoebe has been catering at the Old Garage Cafe for the past year. Some of you will also know that she produces the most amazing celebration cakes which can be seen on her Phoebe Rose Facebook page.

**Menus for March** are as follows:

- Thursday 2<sup>nd</sup> shepherd's pie with minty peas;
- Saturday 11<sup>th</sup> fish and chips;
- Thursday 23<sup>rd</sup> chicken tikka masala;
- Thursday 30<sup>th</sup> Mediterranean veg lasagne with Greek salad

*There is always a veggie option available – please specify when ordering.*

Meals are £12 per head and need to be ordered by the day before any event. The best way to order is by WhatsApp on the bar phone 07485 938841 or by using the QR code available on the [Social Programme page of the Club website](#).

## MARCH EVENTS

**Thursday 2<sup>nd</sup> March: 1815 hrs – book group meeting** on the Upper Deck. We'll be talking about "A Voyage for Madmen" by Peter Nichols and choosing a book for next month. Do come along even if you have not read the book. Food will be available from 1830 until 2000 hrs, see above for how to book. For further information contact [socialsec@stmawessailing.co.uk](mailto:socialsec@stmawessailing.co.uk)

**Saturday 11<sup>th</sup> March: 1900 hrs onwards - visit by Fowey Gallants Sailing Club** members. We always look forward to welcoming FGSC to St Mawes for a catch-up fish and chip supper. Food available from 1830

**Thursday 23<sup>rd</sup> March: 2000 hrs** Club member **Miles Carden CEO of Falmouth Harbour** will talk about the Port of Falmouth. Food available from 1830

**Thursday 30<sup>th</sup> March: 2000 hrs** – Dina Wheatcroft shares her experience of seven years at the helm of **Roseland Youth Sailing Trust** in a light-hearted guide to the highs and lows of founding and running a charity. [www.ryst.org.uk](http://www.ryst.org.uk)  
Food available from 1830

## **APRIL EVENTS**

**Thursday 6<sup>th</sup> April: Please note earlier start times – food available from 1800 and talk starts at 1930 hrs and will finish around 2100** – Alex Davis will run a session on the RACING RULES OF SAILING. Alex will be using examples of local protests and the most commonly misunderstood rules. Come along and check out your knowledge.

**Thursday 13<sup>th</sup> April: Please note earlier start times: food available from 1800, talk starts at 1900.** An informal talk by Suzanne Allin member of RNLI water safety team will talk about MAN OVERBOARD PROCEDURES and reviews some of the latest kit available Following the talk Clive Price will run a LIFEJACKET CLINIC in the downstairs room. Bring along your lifejacket and the team will show you how to check it for yourself. [Click here](#) for more information.

**Saturday 29<sup>th</sup> April: 1830 – 1930hrs NEW MEMBERS' DRINKS; 1930 for 2000** Fitting out Party: join us for a buffet supper to celebrate the new sailing season.

## **FROM THE REAR COMMODORE (SAILING)**

**Racing Season.** The start of the racing season is fast approaching, with the Pursuits Series commencing on Sunday 16 April. For those members wishing to participate in Club racing, please ensure that you complete the online entry form, which can be found on the [Sailing/Racing page of the Club website](#), and apply for your YTC handicap.

**Cruising Captain.** The Sailing Committee is keen to promote a programme of cruising events during 2023 and is seeking a willing volunteer to become the Cruising Captain – a position filled until recently by Christopher Durnford. If you would be interested in taking on this role please contact either: Glenn Torpy Rear Commodore Sailing [rsc@stmawessailing.co.uk](mailto:rsc@stmawessailing.co.uk) or Mike Grice Sailing Secretary [sailing@stmawessailing.co.uk](mailto:sailing@stmawessailing.co.uk).

**Club Ajax.** The Club Ajax 'Vim' is available for members to use for sailing and racing. She was used very successfully in 2022 and is a great asset to the Club. Bookings

for 2023 can be requested by email to Jeannie Bown, Quay Secretary – [quaysec@stmawessailing.co.uk](mailto:quaysec@stmawessailing.co.uk)

**Falmouth Sailing Week (FSW) 2023.** PoFSA is seeking Start and Finish Boats for the Bay Fleet for FSW 2023. If you would be interested in undertaking either role please contact Mike Grice, Sailing Secretary, [sailing@stmawessailing.co.uk](mailto:sailing@stmawessailing.co.uk)

**Penzance Around Scillies And Back (PASAB) 2023.** Penzance Sailing Club (PZSC) has extended an invitation to StMSC members to join them for the Penzance Around Scillies And Back (PASAB) 2023 Race, open to all sizes of yacht and abilities, over an extended weekend from Friday 21 July to Monday 24 July 2023. If you are interested in participating in this event – or other events organised by PZSC - please contact Keilson Foote, PZSC Cruisers Secretary ([cruisers@pzsc.org.uk](mailto:cruisers@pzsc.org.uk), 07730 929666).



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### Are you hoping to visit St. Mawes and need somewhere to stay?

Why not take advantage of **Clock Cottage**- owned by St Mawes Sailing Club, available only to club and associated members, their friends and visiting yachtsmen – at discounted rates!

[BOOK NOW](#)

